

# COVID–19 Corona virus

## **PREVENT THE SPREAD IN YOUR COMMUNITY**

### PREVENTION TIPS:

- wash your hands with soap & water for 20 seconds
- limit contact with sick people & practice social distancing
- avoid touching your face
- frequently disinfect surfaces

#### SYMPTOMS OF COVID-19:

- fever
- cough
- shortness of breath
- symptoms begin 2-14 days after exposure

### **IF YOU ARE SICK:**

- stay home and avoid contact with people
- cover your mouth/nose when you cough or sneeze
- keep surfaces and objects clean
- wear a mask when you are around other people

### TRAVEL PRECAUTIONS:

- avoid traveling to affected areas
- don't travel if you have a fever
- see a medical professional if you become sick while traveling
- visit www.cdc.gov for more guidance

#### **Questions about safety?**

Call McNeil & Co. Risk Management: 1-800-822-3747 ext. 176. For video safety tips, E-Learning online training and other resources visit: mcneilandcompany.com/risk-management









