



# Fire Department Cancer Assessment

How well are you protecting your organization?  
 Put a checkmark next to each statement that is true for your organization.

Procedures & Enforcement	Medical Observation	Training	Day-to-Day Health Routines	Self-Evaluation
<input type="checkbox"/> We have policies that are related to cancer prevention, either directly or indirectly.	<input type="checkbox"/> We are required to have annual physicals.	<input type="checkbox"/> We train on the occupational health risks of being a firefighter, including cancer.	<input type="checkbox"/> We value and support overall member/employee physical fitness.	<input type="checkbox"/> We evaluate the effectiveness of our efforts to prevent members from getting cancer.
<input type="checkbox"/> Policies are easily accessible to all members /employees and are enforced by officers.	<input type="checkbox"/> Cancer screenings are strongly encouraged of all members.	<input type="checkbox"/> We train on the different fire ground tactics and their hazard association.	<input type="checkbox"/> We value and support overall member/employee nutritional needs.	<input type="checkbox"/> We keep track of information pertaining to cancer prevention or diagnosis for our organization.
<input type="checkbox"/> We have policies regarding where gear can be worn in the station and how frequently apparatus interiors are cleaned.	<input type="checkbox"/> Annual FIT tests are conducted on all members eligible to use SCBAs.	<input type="checkbox"/> We train on personal protective equipment use and requirements, such as regular hood washing.	<input type="checkbox"/> We value and support overall member/employee mental health.	<input type="checkbox"/> We have appointed personnel in charge of monitoring and reporting new studies and research available on firefighter cancer.
<input type="checkbox"/> Call sign-in sheets and notes on what each member did on the call are maintained and filed.	<input type="checkbox"/> All members/employees are encouraged to conduct self-health examinations, such as monthly testicular and/or breast exams.	<input type="checkbox"/> We train on personal protective equipment decontamination both on-scene and once you've returned to the station.	<input type="checkbox"/> We encourage other positive lifestyle habits of all member/employees, such as carrying an extra set of clothing to change into post call.	<input type="checkbox"/> We encourage members/employees to discuss the topic of firefighter cancer and share what they may learn or know.

## How did you do?

**15– 20 Checkmarks:**  
 You have a good understanding what it takes to protect your members. Remember to keep assessing your organization as new information is available!

**10-15 Checkmarks:**  
 You're taking a good first step, but try implementing more of the suggestions above to better protect your members.

**Less than 10 Checkmarks:**  
 There is room to grow! There are many resources available to help you better protect your members.